



February 2026 Newsletter

"Learning without Limits"

Principal: Mrs. Shannon Miller
smiller@sd53.bc.ca

Tuc-el-Nuit Elementary School
6648 Park Drive, Oliver, BC V0H 1T4
 250-498-3415

 ten.sd53.bc.ca
 [Tuc-el-Nuit Elementary School](#)

Important Dates

Feb 9 PAC Meeting 6 pm in the library
Feb 12 Come Read with Me for Grade 1 Families
Feb 13 Pro-D Day, No School
Feb 16 Family Day, No School
Feb 18 & TBA Grade 6/7 Winter Electives
Feb 23 Basketball Tournament (Girls @ SESS, Boys @ OSE)
Feb 25 Pink Shirt Day & Early Dismissal @ 12:00
Mar 11 Talent Show @ 1pm - families welcome!
Mar 13 Mid-Year Snapshot Report & **Last Day** before Spring Break!
March 17-28 Spring Break
Mar 31 Back to school!

A Miller Minute

It's February! The days are getting longer, the sun is starting to shine, and we're excited about all the fun ahead.

January was all about getting back into the swing of things. Basketball season is underway, and we had our first games against Oliver Elementary and Osoyoos Elementary—we're very proud of our Eagle athletes! Classes have been busy with skating and snowshoeing, we celebrated Literacy Week, and we enjoyed a wonderful Eagle Assembly. Our grades 3-7 students also had the opportunity to attend the Symphony, which was an amazing experience. We have a busy month ahead! February is Kindness Month, and we're focusing on being bucket fillers. We'll celebrate our collective kindness efforts on Pink Shirt Day on February 25th.

This month also brings district basketball tournaments, more skating, and winter electives for our grade 6 and 7 students.

Thank you to our amazing community for everything you do to support our school!

Shannon Miller

IMPORTANT REMINDERS

-For bus students: If your student will not be taking the bus after school, please notify the office.

-Drop offs/Pick Ups: Please use the parking available in front of the school.

Please use the cross walk!

BELL SCHEDULE

8:25 Warning Bell
8:30 Classes Start
10:40 to 10:55 Recess
12:15 to 1:05 Lunch
2:27 Dismissal
2:30 Busses Leave



Office Hours: Monday to Friday 8:30 to 3:30pm

Messages received after 2:15pm may not be delivered.

Absent or Late? Phone 250-498-3415 or email our office lsanders@sd53.bc.ca We are carefully tracking absences.

What's Happening at TeN

Skating Schedule



Feb. 25
Pink Shirt Day

Wear pink to support Kindness!

Dunlop	Monday, February 9, 2026 9:00 AM - 9:45 AM
Gillick	Wednesday, February 11, 2026 1:15 PM - 2:00 PM
Johnston	Tuesday, February 17, 2026 11:15 AM - 12:00 PM
Johnston	Tuesday, February 24, 2026 11:15 AM - 12:00 PM
Livera/Rawlins	Thursday, February 5, 2026 10:30 AM - 11:30 AM
Livera/Rawlins	Thursday, February 12, 2026 10:30 AM - 11:30 AM
Livera/Rawlins	Thursday, February 19, 2026 10:30 AM - 11:30 AM
Livera/Rawlins	Monday, February 23, 2026 10:30 AM - 11:30 AM
Livera/Rawlins	Thursday, February 26, 2026 10:30 AM - 11:30 AM
Teigen	Tuesday, February 10, 2026 9:00 AM - 9:45 AM
Teigen	Tuesday, February 17, 2026 9:00 AM - 9:45 AM
Teigen	Tuesday, February 24, 2026 9:00 AM - 9:45 AM

Kindergarten Registration

Children who will be 5 years old by December 31, 2026 may begin their first year of Full Day Kindergarten in September 2026.

Registration is open! We'd love to have you register before March 13, 2026.

**Please contact TeN directly to register your child.
Ph. 250-498-3415**



CANDYGRAMS!!!

the grade 6/7s in Div. 2 are sponsoring the sale of Candygrams to help celebrate Valentine's Day. Starting Monday, Feb. 9th, students and staff will be able to purchase a candygram to send to other students and staff here at our school. Each candygram will include a message slip with a candy bag attached. the message slips will be on sale for \$2.00 each or 3 for \$5.00 during recess & lunch. On February 12th, students will receive the candygrams that have been purchased for them. Proceeds will go to a charity of choice and towards a class reward. Let's have some fun and share some positive messages!



teN Tuesday
House
Points

Wear your teN swag every Tuesday to earn weekly points for your house team!

1395

1357

1467

1272

Nsyilxcən Word of the Month:

spaqt

PRONCIATION: SPAKT

MEANING FEBRUARY



What's Happening at TeN

TEN WINTER SPORTS



Basketball for grades 5-7

*Girls practice on Tuesday at lunch and

Wednesday from 2:30-4

*Boys, practice Mondays at lunch and Thursday
afterschool from 2:30-4

*Coaches: Mr. Stopa and Mrs. Miller - Boys

Mr. Pearle and Mrs. LaCroix - Girls



Winter Activity days for Grade 6/7 update

We had to cancel our Baldy Day on Feb 11th and are watching the snow conditions before we make a decision about our Feb 18th booking. We are looking at replacement activities!

PAC MEETING

Feb 9th at 6 pm in the library.
Everyone is welcome!

Basketball Tournament Feb 23rd

Girls @ SESS
Boys @ OSE

2nd Annual HCSA Scorpion/Eagles/Falcons. Charity Classic

Tuesday, March 10th @
Oliver Arena 1 to 2pm

Hockey academy students will demonstrate all the skills they have been working on throughout the year. Please bring a donation for the Oliver Food Bank, we will be collecting at TeN the week prior.

Parents are welcome to join the fun and can bring a donation to the rink.



A Huge Thank you to

Devin and Janine Jell from Sun-Oka Fruit Farms in Summerland for providing discounted apples to our school so our students can enjoy healthy snacks such as dried apples, apple sauce, and apple crisp throughout the year. www.sunokafruit.com/

thank you



TEN GARDEN LunchLab!



With a focus on food sustainability, social skills and etiquette, each of our classes will get a unique opportunity to experience a sit down lunch with food made from our school garden!

Lunch will be a full serving and we hope that all students will try what's served, but please send an alternate lunch if you think your child may not eat the whole lunch.

February LunchLab: Mrs. Clarke & Mr. Teigen (Feb. 6th)



TUC-EL-NUIT ELEMENTARY SCHOOL

\$6 LUNCH MENU

Feb 2nd – Feb 27th

Dates to Consider:

- Feb 5th Lunch Lab - Spaurel & Clarke
- Feb 11th & 18th - Grade 6 & 7 Winter Elective Days
- Feb 23rd - District Basketball Tournament
- Feb 25th - Half Day

Order online - tenpac.parentcouncil.net

Ordering opens on Jan 26th and closes on Jan 29th

Monday's

6 inch Veggie or Turkey & Cheese Sub from Subway

Tuesday's

Cheese or chicken quesadilla from Taco Rienda

Wednesday's

Homemade pasta from Crownest bakery in Cawston

Thursday's

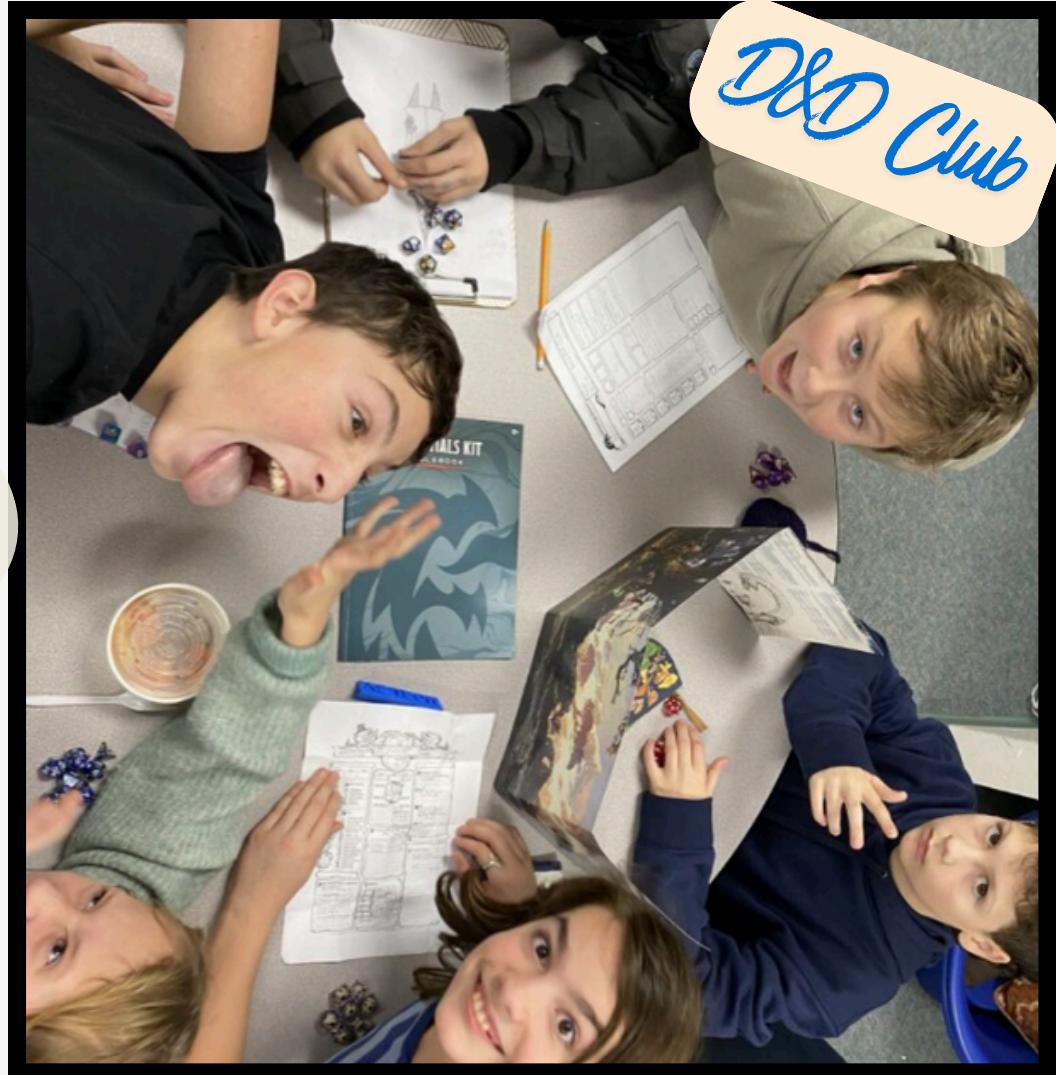
Fresh from the TEN Garden for \$4!

- Feb 5 - Broccoli/Cauliflower and Cheese Soup with pumpkin muffin
- Feb 12 - Burrito Bowl with apple spice muffin
- Feb 19 - Veg Chili Mac and Cheese with pumpkin tart
- Feb 26 - Veg Curry w/Butter Chicken Sauce with apple tart

Friday's

Chicken or Veggie dumplings alternating weeks with Teriyaki Chicken or Teriyaki Veggie chow mein from H&L Dumpling House

Looking for a way to give back? Become a 'SOARING SPONSER' and donate a lunch to our lunch program. E-transfer using - tenoffice@sd53.bc.ca (password: DONATION). Tax receipts available.



Monday - Book Club

Tuesday - Fantasy Art Club & Grades 4/5 Intramurals

**Wednesday - Knitting Club, Chess Club & Grades 6/7
Intramurals**

Friday - Fantasy Art Club, D & D Club & Grades 4-7 Open Gym

Literacy Week!!



January Eagle Assembly





Okanagan
Similkameen
SD53

KINDERGARTEN REGISTRATION

2026-2027 Registration for Children Born in 2021:
January 12 to March 13, 2026

- Children who will be five years old by December 31, 2026, may begin their first year of Kindergarten in September 2026. These will be children who were born in 2021.
- Please bring your child's birth certificate and medical card with you, as well as **proof of residency**. Should you require further details, please contact your local school.
- Parents may defer the entry of their child into Kindergarten for one year but registration must occur in the following school year.
- Early registration assists the district with plans for September 2026. Also, Kindergarten spaces in a school may be limited and placement is done on a first come, first serve basis.

SCHOOL OFFICE INFORMATION

- **CAWSTON PRIMARY**
250-485-4434
8:30 AM - 2:30 PM
- **OKANAGAN FALLS ELEMENTARY**
250-497-5414
8:30 AM - 2:30 PM
- **OLIVER ELEMENTARY**
250-498-3468
8:30 AM - 2:30 PM
- **TUC-EL-NUIT ELEMENTARY**
250-498-3415
8:30 AM - 2:30 PM
- **OSOYOOS ELEMENTARY**
250-485-4444
8:30 AM - 2:30 PM
- **YOULEARN**
250-498-4597
8:30 AM - 3:30 PM





Corner

Quick tips: Getting Active as a Family

When the whole family is involved in physical activities together, children learn that being active is fun and makes you feel good. And busy parents can combine family time with exercise time.

GETTING STARTED:

- As a family, make a list of activities you'd like to do together.
- Make sure the activities are things everyone can do and enjoy.
- Keep a family physical activity log, or hang a calendar on the wall.
- Try to plan one or two family activities a week. For ideas, see suggestions below
- Once a month, plan something special that involves being active, like a trip to the zoo, a day hike, or camping.
- Use a safe backpack, stroller, or bike trailer so that smaller children can be included in family activities

WALKING:

When family schedules get really busy, going for a walk may be the easiest thing you can do together.

- Start with short walks that everyone in the family can do. Add more distance gradually. Younger children can ride a bike or a tricycle. You can pull a wagon in case little ones get tired.
- Scavenger hunts can keep children from being bored on a walk. Keep in mind a list of "treasures" they can find, such as a red leaf, a blue house, a black dog, or an out of province license plate.



SD# 53 Annual Powwow Fundraiser

Come out and enjoy a Bannock Taco dinner, a Loonie Auction & 50/50 Draw

Date: February 12, 2026

Location: OIB Community Hall
(6046 Sandpoint Drive Oliver, BC)

Time: 5:00p.m.

Taco dinner and pop or water:

\$12 per person or \$40 per family of 5 or more (same household)
Pop or water \$1.00



Everyone Welcome!

***All proceeds go to our SD# 53 Annual Powwow event
held April 17 & 18 2026 at Southern Okanagan Secondary
School***

Organized by the SD#53 Indigenous Advocate Powwow Committee



National Defeat Depression Campaign



About:

Defeat Depression encourages participation challenges or single-day events. While activities can be completed throughout the month of May, the campaign culminates in a national day of action, Defeat Depression Day, held on the last Saturday in May.

Whether you choose to walk, run, cycle, or set a unique fitness goal, you make a meaningful impact on mental health in your community and beyond.

Details:

Date: Now until
2027!

Location: Canada-wide

Participate: [Register & FUNdraise Today!](#)

Proceeds of this event support:



Mood Disorders Society of Canada
Société pour **les troubles de l'humeur** du Canada

Learn More:



National.DefeatDepression.ca
info@DefeatDepression.ca



@DefeatDepression.ca
@DefeatDepression.ca

Thank You To Our 2025 Sponsors!

Title Sponsor



Participating Sponsors



Supporting Sponsors

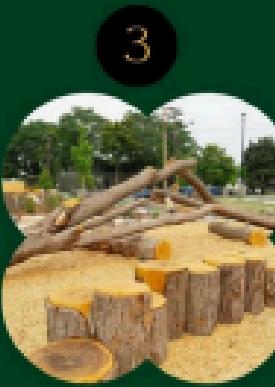
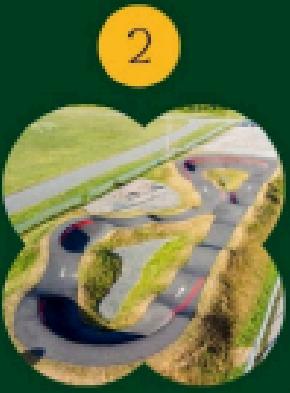


Community Engagement

LIONS PARK Improvement Project

1

THE CONCEPTS



View the Informational
Presentation & take the
Survey Online or scan
the QR code

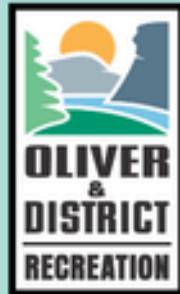


www.oliver.ca/recreation



Join us and share your ideas!
Input accepted until February 16th 2026





OLIVER & DISTRICT RECREATION

PRO D DAY CAMP

FEB 13 8:00-4:00

ACTIVITIES:

- GAMES
- ARTS & CRAFTS
- SPORTS
- A DAY WITH FRIENDS!

AGES 5-12

\$35.00

REGISTER NOW!

6359 PARK DRIVE OLIVER BC 250-498-4985 WWW.OLIVER.CA/RECREATION

FAMILY DAY FUN AND GAMES FEBRUARY 16TH

Join us in the Community Hall

Craft station, Coloring, games, lego, and an
obstacle course on our ninjanastic equipment
10:00-12:00

Join us at the Oliver and District Arena

Family Skate 12:00-2:00PM – Rentals free while supplies last





OLIVER & DISTRICT RECREATION



2026

SPRING BREAK CAMPS

8:00-4:00 Daily

Ages 5 - 12

Outdoor Games

Ninja-Nastics

Arts & Crafts

Visit Local playgrounds

MAR 16 – 20

MAR 23 – 27



\$145.00/WEEK

Register Online
oliver.ca/recreation



Over the Phone
250-498-4985



FAMILY SHOWTIME

VENABLES
THEATRE

JOURNEY INTO RHYTHM

With Robin Layne
Monday February 16 @ 11:00



Tickets
only \$10

A high-energy, interactive music show where kids join the band and explore global rhythms.

Get your tickets at
venablestheatre.ca



Venables Theatre gratefully
acknowledges our
sponsors:



BRITISH
COLUMBIA



BRITISH COLUMBIA
ARTS COUNCIL
An agency of the Province of British Columbia



Canada



OKANAGAN SIMILKAMEEN SCHOOL DISTRICT 53

WE ARE HIRING!

EDUCATION ASSISTANTS



"EARN AND LEARN" EMPLOYMENT PATHWAY

We are seeking caring, motivated individuals interested in supporting students in inclusive school settings.

This is an excellent opportunity to join our team as an Education Assistant.



For more information, email employment@sd53.bc.ca or visit www.sd53.bc.ca

Education Assistants

- 27.5 hours per week
- \$28.29 per hour
- Paid work and training opportunity

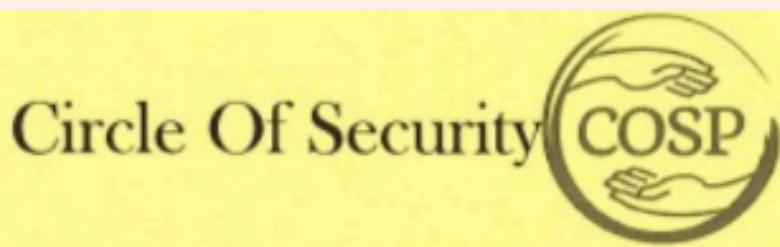
All required training, mentorship, and skill development will be provided by the district. Previous coursework, certification, or work/volunteer experience will be considered. Successful candidates will demonstrate a commitment to working with students and a willingness to learn.

APPLICATION PACKAGE SHOULD INCLUDE:

- COVERLETTER (WITH WHY YOU ARE INTERESTED IN THIS OPPORTUNITY)
- RESUME
- APPLICATION FORM (AVAILABLE ON SD53 WEBSITE)
- PROOF OF GRADE 12 GRADUATION
- POST-SECONDARY TRANSCRIPTS/CERTIFICATES (IF AVAILABLE)
- THREE WORK SUPERVISOR REFERENCES

PACKAGES DUE BY MONDAY, FEBRUARY 2ND

SEND YOUR PACKAGE TO
employment@sd53.bc.ca



Presented by: Bruce MacLeod, M.A. and Melanie Morrison, BCYC

Sponsored by: School District 53 & Child and Youth Mental Health

Location: Oliver Rec Centre Room 2

2026 Dates: Thursday Jan 29th

Thursdays Feb 5, 12, 19, 26,

Thursdays March 5, 12,

Thursday April 9

Times: 6:00 – 7:30

Cost: Free

Who should attend: Parents/Caregivers of Children 0 – 12

Child-care will be provided on site.

A Lite Dinner will be provided.

To Register Call: (250) 485-6001 (space is limited)

As Parents we all feel lost at times as to how to respond to our children's behavior. The Circle of Security Parenting™ program (COSP) gives parents a map that will help them understand and respond effectively to their children's behavior when things are going well and not so well. COSP was developed through decades of research and has proven to be effective in improving child behavior, reducing parental stress and promoting harmonious family relationships.

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure
