



# OCTOBER 2025 Newsletter

"Learning without Limits"

Principal: Mrs. Shannon Miller  
[smiller@sd53.bc.ca](mailto:smiller@sd53.bc.ca)

Tuc-el-Nuit Elementary School  
6648 Park Drive, Oliver, BC V0H 1T4  
250-498-3415

[www.ten.sd53.bc.ca](http://www.ten.sd53.bc.ca)  
Tuc-el-Nuit Elementary School

## Coming up @ Ten

### October

2nd- District Cross-Country Meet  
@ Cawston Primary

13th - Thanksgiving (No School)

14th - Picture Day

16th - District Soccer Meet  
(Boys @ Ten, Girls @ OSE)

20th - PAC meeting 6pm

22nd - Family Conferences  
(1-4 & 5-7)

23rd - Half Day - 12 pm dismissal

24th - Pro-D Day (No School)

29th - Half Day - 12 pm dismissal

31st - Halloween

## A Miller Minute

We're a month in and it's been a great one! We have been busy around here!

We had an amazing Terry Fox Run and raised \$650! It's always extra special around here as we honour a brave and courageous student who fought cancer. We had a beautiful day for our run and we're so grateful for all the parents that came out to support our students! A big thanks to Ms. Simpson for all her work getting the run organized!

Both our cross country and soccer teams had a great September. We're so lucky to have so many dedicated students on our teams.

The cross-country run was on Oct. 2nd at Cawston Primary and 65 students represented TEN at the meet. We're so proud of all of them! Thank you to Mrs. Gillick and Mrs. Clarke for their fantastic coaching!

We had our first 'Eagle' Assembly and focused on the Communication and Collaboration Competency, represented by Ant. Ant teaches us to work well in groups. Thanks to Ms. Sousa's class for a great assembly!

On Sept. 29<sup>th</sup> we recognized Orange Shirt Day and the important work of Truth and Reconciliation. Thank you to Mrs. Alaric, Mrs. Clarke and Ms. Gallagher for planning such a meaningful day.

We're looking forward to all the fun fall events coming up! Wishing all our TEN families a wonderful Thanksgiving from all the staff at Tuc-el-Nuit. We are all so grateful for the support of our community.

Sincerely,  
Shannon Miller

## IMPORTANT REMINDERS

**-For bus students:** If your student will not be taking the bus after school, please notify the office.

**-Drop Offs/Pick Ups:** Please use the parking available in front of the school. The parking lot is for staff use only.

## BELL SCHEDULE

8:25 Warning Bell  
8:30 Classes Start  
10:40 to 10:55 Recess  
12:15 to 1:05 Lunch  
2:27 Dismissal  
2:30 Busses Leave



Office Hours: Monday to Friday 8:30 to 3:30pm

Messages received after 2:15pm may not be delivered.

Absent or Late? Phone 250-498-3415 or email our office [lsanders@sd53.bc.ca](mailto:lsanders@sd53.bc.ca) We are carefully tracking absences.



Next meeting:  
Oct. 20th @ 6pm  
in school Library

## Without a PAC...

- We miss out on parent/ community input.
- Connections between the school and community aren't as strong.
- Activity fees are charged to families and some activities can't be offered.

## Purposes of a PAC

1. To advise the school principal and staff on parents' views and feedback about school programs, policies, plans and activities.
2. To organize PAC activities and events and endeavour to provide parent education.
3. To encourage parent involvement in the school, and to support programs that promote parent involvement.
4. To communicate with parents, and to promote co-operation between the home and the school in providing support for the education of children.
5. To assist parents in accessing the system and to advocate on behalf of parents and students.
6. To provide financial support for the goals of the PAC, as determined by its membership.
7. To advise and participate in the activities of the District Parent Advisory Council (DPAC) and the BC Confederation of Parent Advisory Councils (BCCPAC).



## STUDENT ABSENCES:

**WHEN YOUR CHILD IS ABSENT FROM SCHOOL,  
PLEASE CONTACT THE OFFICE BY PHONE OR EMAIL.**

Ph. 250-498-3415 or [tenoffice@sd53.bc.ca](mailto:tenoffice@sd53.bc.ca)



### Family Conferences

**Oct. 22nd**

**1-4pm & 5-7pm**

Let your child show you all the great  
work they've been doing and meet  
their teacher!

**Booking forms will be sent home  
soon!**



### SCHOLASTIC BOOK FAIR OCT. 21ST - OCT 24TH

Please join us at the school book  
fair, held in the library!

Students will have the opportunity  
to come down and purchase  
books during school hours.

For parents and guardians, we will  
have the library open at the Family  
Conference night on October 23rd

You can also purchase books  
through the school book fair  
website

We can't wait to see you all!

[https://bookfairs.scholastic.ca/bf/tucel\\_nuitelemschool](https://bookfairs.scholastic.ca/bf/tucel_nuitelemschool)

### FRIENDLY REMINDERS



**No Parking in the staff parking lot  
please**



**We encourage everyone to bring a  
reusable water bottle to school**



**Breakfast program runs from 8a.m.  
to 8:30a.m. daily**



**Tuesdays are TeN spirit days. Wear  
your school colours!**





To all of our Eagle Families,  
Have a wonderful long weekend.  
We are very thankful for all of  
you!  
From all of us at  
Tuc-el-Nuit

*School  
Spirit*

Our Eagle Spirit Wear Store is OPEN!  
You can order here:

<https://tuc-el-nuitfall25.itemorder.com/shop/home/>

**PHOTO DAY IS TUESDAY,  
OCTOBER 14<sup>TH</sup>  
RETAKES THURSDAY, OCTOBER 30<sup>TH</sup>**

## Photo Day is coming soon!

Mountain West Studios will be at our school for photo day in the next few days! Your child will be provided with their unique login code and ordering instructions.

**How to prepare for Photo Day - Click here!**

If you have any questions regarding your photos, please email [help@mountainwest.ca](mailto:help@mountainwest.ca)

Please watch for a flyer like the one below to come home.



**MOUNTAINWEST  
STUDIOS**

**Bring a smile!**

6869 Merritt Avenue,  
Burnaby BC, V5J 4R5

Phone: 604.433.0551  
Toll Free 1.888.644.4494

[help@mountainwest.ca](mailto:help@mountainwest.ca)  
[mountainwest.ca](http://mountainwest.ca)

## SD#53 TEAM INQUIRY TIME

The Team Inquiry Model (TIM) is time for TeN staff to study and learn together in order to improve their practice, and learn new ways to meet student needs and increase student success. Students will be dismissed at 12:00 noon on the last Wednesday of the following months: September, October, November, January, February, April & May. \*No TIM time Wednesdays in December, March or June\*  
Buses will arrive just after 12:00 to take students home.



**If your child(ren) will be riding the bus, please ensure they are registered. This needs to be done at the beginning of every school year.**

<https://op.sd53.bc.ca/bus/busreg.html>





# **TUC-EL-NUIT ELEMENTARY SCHOOL**

## **\$6 LUNCH MENU**

### **October 6<sup>th</sup> – 31<sup>st</sup>!**

**No Lunch on Oct. 13<sup>th</sup>, 22<sup>nd</sup>, 23<sup>rd</sup>, 24<sup>th</sup> & 29<sup>th</sup>**

**Order online - [tenpac.parentcouncil.net](http://tenpac.parentcouncil.net)**  
**Ordering opens on Sept. 26<sup>th</sup> and closes on Oct. 2<sup>nd</sup> @ noon**

## **Monday's**

6 inch Veggie or Turkey & Cheese Sub from Subway

## **Tuesday's**

Cheese or chicken quesadilla from Taco Rienda

## **Wednesday's**

Homemade pasta from Crownest bakery in Cawston

## **Thursday's NEW!!**

**Fresh from the TEN Garden for \$4!**

Served with a homemade bun from Crowsnest Bakery!

Oct 9 - Potato Leek Soup

Oct 16 - Pasta with Tomato Sauce

Oct 30 - Borscht or Squash Soup.

## **Friday's**

Culinary creation (pasta, sandwich or soup) from Crowsnest Bakery

### **Hot Lunch Order Link**

**This month's lunch program starts on Monday, October 6<sup>th</sup> & ends on Friday, Oct. 31<sup>st</sup>.**

**You can order lunch for the month or choose specific days of the month.**

**You can order for the month until**

**Thursday, October 2<sup>nd</sup> at noon.**

**If you need support with the cost of the program or have any questions, please contact the school 250-498-3415.**





# EAGLE ATHLETICS

## CROSS COUNTRY

**Our Grade 2-7 Cross Country Team went to Cawston Primary for the District Cross Country Meet on Oct. 2nd!**

## SOCCER

**We hosted OES for our exhibition game on Oct. 8<sup>th</sup>.  
Our Eagles played so well!**

**District Tournament  
Oct 16th  
Boys @ TEN & Girls @ OSE!**



We raised  
\$650



**TEN TERRY FOX RUN 2024  
CELEBRATING OUR AMAZING LILY!**



**FINISH  
IT.**





# District Cross Country Meet





# It's Soccer Season!





# FALL FIELD TRIPS





# ORANGE SHIRT DAY

A day to remember and honour the Survivors  
and those that didn't come home from  
residential schools.  
A day to show that we support reconciliation  
every day.





# In the garden!



TEN LunchLab with SOSS







## Microgreen Fundraiser

**Fresh Greens. Bright Futures. Local Impact.**

### **Support Our Cause - Grow with Us!**

We are raising funds through the power of microgreens - tiny, super-nutritious greens that pack a punch in health and flavor!

**Help us grow for:** TEN Elementary (your cause)

**Fresh Microgreen** packs, ready to eat, harvested locally and delivered within 24 hours of harvest!

### **How to order:**

Simply go to **[www.backyardmicrogreens.com](http://www.backyardmicrogreens.com)**

Click order now - you will see a spot that says:

**Fundraising For... Please enter TEN PAC**

### **Why Microgreens?**


Microgreens are :

- \*Packed with vitamins & minerals
- \*A healthy boost for meals
- \*A sustainable food source
- \* Grown LOCALLY and delivered right to most door steps!

Share this fundraiser with family and friends in OK Falls, Kaleden, Penticton, Oliver & Osoyoos

Thank you for your support!



An illustration on the left side of the poster shows three people of different ages baking cookies. At the top, an older woman with orange-rimmed glasses and a teal vest is pouring something from a small orange bowl. In the middle, a woman with dark hair and a teal apron is whisking a large red bowl. At the bottom, a young girl with dark curly hair, wearing a red shirt with a black star, is whisking a teal bowl. A black spiderweb is in the top left corner.

# INTERGENERATIONAL COOKING NOV 22 9:30-1:00

## CHRISTMAS COOKIES

A part of our intergenerational workshop series bringing children ages 7-12 and adult 60+ together in a welcoming environment



- Bake & decorate festive Christmas cookies together
- Share stories, laughter, and holiday traditions across generations
- Take home tasty treats and warm holiday memories

**FREE**

REGISTER ONLINE

OLIVER.CA/RECREATION/PROGRAMS  
OR CALL 250-498-4985

